

East Side Center September 2004 Events

Doris Tousignant, ESSJ 624-6535

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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Regular Daily Activities

Mon 10am Matinee Movie/Cards of Choice 1pm Bingo
 Tue 10am Keeping Fit/Cards of Choice 1pm Bingo
 Wed 10am Cards of Choice 1pm Bingo
 Thu 10am Cards of Choice 1pm Bingo
 Fri 10am Keeping Fit/Cards of Choice 1pm Bingo
 Sat 12pm Scat 1pm Cribbage

***Sign up required

			1	2	3	4
				Hints for Healthy Aging 11:30am		Bingo 1pm
5	6	7	8	9	10	11
		Best of the Bunch 11:30 am 	Trivia Challenge 12pm	Scrapbooking 6-8pm	Grandparents Bragging Rights 12pm	Scrapbooking 1-3pm
12	13	14	15	16	17	18
		Preparing for the Unexpected 11 am		Birthday Luncheon 10:30am	Cold & Flu Campaign 11:30 am	
19	20	21	22	23	24	25
		Prize Give Away 1:30pm	 Celebrate Autumn 12 pm	Foot Clinic 10:30am BP Clinic 12-1pm Baking 6-8pm	Rice is Nice 12pm	Baking 1-3pm
26	27	28	29	30		
		Food Safety Tips 11:30am		Bountiful Biscuits 12 pm		